

# EXHIBIT A

**Bureau of Prisons  
Health Services  
Clinical Encounter - Administrative Note**

---

Inmate Name:	BRADLEY, BENJAMIN EDWARD H	Reg #:	50878-039
Date of Birth:	████/1983	Sex:	M Race: BLACK
Note Date:	06/05/2020 10:20	Facility:	MIL
		Provider:	Fateh Hyder, Syed
		Unit:	B02

---

CCC Enroll - CCC Enroll encounter performed at Health Services.

**Administrative Notes:**

**ADMINISTRATIVE NOTE 1**

**Provider:** Fateh Hyder, Syed Regional Medical Director/NCRO

Added to Hypertension CCC.

**Added to clinic(s):** Hypertension

**Copay Required:** No

**Cosign Required:** No

**Telephone/Verbal Order:** No

Completed by Fateh Hyder, Syed Regional Medical Director/NCRO on 06/05/2020 10:21

Requested to be reviewed by Udegbumam, Ukamaka M NP-C.

Review documentation will be displayed on the following page.

**Bureau of Prisons  
Health Services  
Clinical Encounter**

Inmate Name: BRADLEY, BENJAMIN EDWARD H	Reg #: 50878-039
Date of Birth: [REDACTED]/1983	Sex: M Race: BLACK Facility: MIL
Encounter Date: 06/05/2020 08:15	Provider: Udegbumam, Ukamaka M Unit: B02

Mid Level Provider - Evaluation encounter performed at Health Services.

**SUBJECTIVE:**

**COMPLAINT 1**      **Provider:** Udegbumam, Ukamaka M NP-C

**Chief Complaint:** Other Problem

**Subjective:** Patient presents to health services for an evaluation of HTN, diagnosed 2015. Patient reports that he has been diagnosed with HTN however currently taking no medication. Patient reports that he does not like taking medication because it causes more problems. He reports that he controls BP with diet. He reports "on and off" headaches. He denies fever, chills, cough, N/V/D, chest pain, shortness of breath. Denies any other complaints at this time.

Patient allergies reviewed and updates applied during this visit if indicated. See Chart:  
Allergies for most recent patient allergy list.

**Pain:** Not Applicable

**OBJECTIVE:**

**Temperature:**

<u>Date</u>	<u>Time</u>	<u>Fahrenheit</u>	<u>Celsius</u>	<u>Location</u>	<u>Provider</u>
06/05/2020	08:19 MIL	98.1	36.7	Oral	Udegbumam, Ukamaka M NP-C

**Pulse:**

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Location</u>	<u>Rhythm</u>	<u>Provider</u>
06/05/2020	08:19 MIL	87			Udegbumam, Ukamaka M NP-C

**Respirations:**

<u>Date</u>	<u>Time</u>	<u>Rate Per Minute</u>	<u>Provider</u>
06/05/2020	08:19 MIL	16	Udegbumam, Ukamaka M NP-C

**Blood Pressure:**

<u>Date</u>	<u>Time</u>	<u>Value</u>	<u>Location</u>	<u>Position</u>	<u>Cuff Size</u>	<u>Provider</u>
06/05/2020	08:25 MIL	184/106	Left Arm	Sitting	Adult-large	Udegbumam, Ukamaka M NP-C
06/05/2020	08:19 MIL	178/100	Right Arm	Sitting	Adult-large	Udegbumam, Ukamaka M NP-C

**SaO2:**

<u>Date</u>	<u>Time</u>	<u>Value(%)</u>	<u>Air</u>	<u>Provider</u>
06/05/2020	08:19 MIL	100	Room Air	Udegbumam, Ukamaka M NP-C

**Height:**

<u>Date</u>	<u>Time</u>	<u>Inches</u>	<u>Cm</u>	<u>Provider</u>
06/05/2020	08:19 MIL	71.0	180.3	Udegbumam, Ukamaka M NP-C

**Weight:**

<u>Date</u>	<u>Time</u>	<u>Lbs</u>	<u>Kg</u>	<u>Waist Circum.</u>	<u>Provider</u>
06/05/2020	08:19 MIL	295.0	133.8		Udegbumam, Ukamaka M NP-C

**Exam:**

**General**  
**Affect**

Inmate Name: BRADLEY, BENJAMIN EDWARD H

Date of Birth: [REDACTED]/1983

Encounter Date: 06/05/2020 08:15

Sex: M Race: BLACK

Provider: Udegbumam, Ukamaka M

Reg #: 50878-039

Facility: MIL

Unit: B02

**Exam:**

Yes: Pleasant, Cooperative

**Appearance**

Yes: Appears Well, Alert and Oriented x 3

**Neck**

**General**

Yes: Within Normal Limits

**Vascular**

No: Carotid Bruits

**Pulmonary**

**Observation/Inspection**

Yes: Within Normal Limits

**Auscultation**

Yes: Clear to Auscultation, Vesicular Breath Sounds Bilaterally

**Cardiovascular**

**Observation**

Yes: Within Normal Limits

**Auscultation**

Yes: Regular Rate and Rhythm (RRR), Normal S1 and S2

No: M/R/G

**Peripheral Vascular**

**Legs**

No: Pitting Edema, Non-pitting edema

**Abdomen**

**Inspection**

Yes: Within Normal Limits

**Auscultation**

Yes: Normo-Active Bowel Sounds

**Palpation**

Yes: Within Normal Limits

**ASSESSMENT:**

Essential (primary) hypertension, I10 - Current

Obesity, E669 - Current - BMI 41.1

**PLAN:**

**New Medication Orders:**

**Rx#**

**Medication**

**Order Date**

amLODIPine Tablet

06/05/2020 08:15

**Prescriber Order:** 5 mg Orally - daily x 90 day(s) -- Take 5 mg by mouth daily to control blood pressure

**Indication:** Essential (primary) hypertension

**New Laboratory Requests:**

**Details**

**Frequency**

**Due Date**

**Priority**

Chronic Care Clinics-Hypertension-CBC w/diff

One Time

06/26/2020 00:00

Routine

Inmate Name: BRADLEY, BENJAMIN EDWARD H

Date of Birth: [REDACTED]/1983

Encounter Date: 06/05/2020 08:15

Sex: M Race: BLACK

Provider: Udegbunam, Ukamaka M

Reg #: 50878-039

Facility: MIL

Unit: B02

Chronic Care Clinics-Hypertension-Lipid Profile  
Lab Tests - Short List-General-Hemoglobin A1C  
Chronic Care Clinics-Hypertension-  
Comprehensive Metabolic Profile (CMP)  
Chronic Care Clinics-Hypertension-Urinalysis  
w/Reflex to Microscopic

**Labs requested to be reviewed by:** Fateh Hyder, Syed Regional Medical Director/NCRO

**New Radiology Request Orders:**

<u>Details</u>	<u>Frequency</u>	<u>End Date</u>	<u>Due Date</u>	<u>Priority</u>
General Radiology-Chest-PA/Lateral	One Time		06/19/2020	Routine

**Specific reason(s) for request (Complaints and findings):**

HTN screening

**New Non-Medication Orders:**

<u>Order</u>	<u>Frequency</u>	<u>Duration</u>	<u>Details</u>	<u>Ordered By</u>
EKG	One Time		Please perform within the next 30 days HTN screening	Udegbunam, Ukamaka M NP-C

**Order Date:** 06/05/2020

**Disposition:**

Follow-up at Sick Call as Needed  
Return Immediately if Condition Worsens  
Return To Sick Call if Not Improved

**Other:**

HTN: will start amlodipine 5 mg., will gradually increase in CCC visit. Labs, EKG and X- ray ordered. Will f/u with CCC visit. Side effects of medication addressed with the patient. Recommended weight loss, exercise and low salt diet.

**Patient Education Topics:**

<u>Date Initiated</u>	<u>Format</u>	<u>Handout/Topic</u>	<u>Provider</u>	<u>Outcome</u>
06/05/2020	Counseling	Diagnosis	Udegbunam, Ukamaka	Verbalizes Understanding
06/05/2020	Counseling	Exercise	Udegbunam, Ukamaka	Verbalizes Understanding
06/05/2020	Counseling	Risk vs. benefit of treatment	Udegbunam, Ukamaka	Verbalizes Understanding
06/05/2020	Counseling	Weight Loss	Udegbunam, Ukamaka	Verbalizes Understanding
06/05/2020	Counseling	Diet	Udegbunam, Ukamaka	Verbalizes Understanding
06/05/2020	Counseling	Plan of Care	Udegbunam, Ukamaka	Verbalizes Understanding

**Copay Required:** No

**Cosign Required:** No

**Telephone/Verbal Order:** No

Completed by Udegbunam, Ukamaka M NP-C on 06/05/2020 09:04